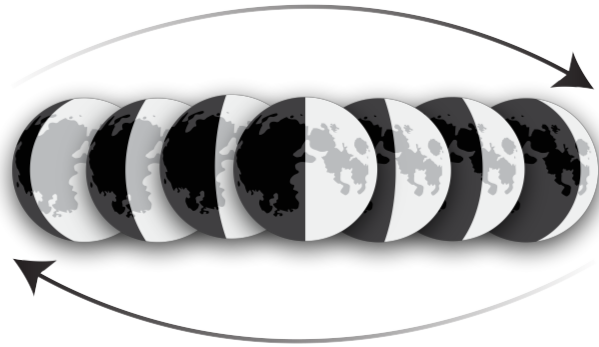


CELLCORE FULL MOON CHALLENGE



CHOOSE YOUR CHALLENGE

Choose whether you are going to do a 3, 5 or 7-day Full Moon Challenge. Will you increase your focus for one day, two days, or three days before and after the full moon?

	3 DAYS BEFORE	2 DAYS BEFORE	1 DAY BEFORE	FULL MOON	1 DAY AFTER		
Beginner			○	○	○		
Intermediate		○	○	○	○		
Advanced	○	○	○	○	○	○	○

BEGINNER

	WAKE - UP	MORNING	NOON	EVENING	BEDTIME
Para 1	2 🍯				2 🍯
Para 2	2 🍯				2 🍯
Para 3		10 🍯	10 🍯	10 🍯	
BioToxin Binder		1 🍯	1 🍯	1 🍯	

INTERMEDIATE

	WAKE - UP	MORNING	NOON	EVENING	BEDTIME
Para 1	4 🍯				4 🍯
Para 2	4 🍯				4 🍯
Para 3		20 🍯	20 🍯	20 🍯	
BioToxin Binder		2 🍯	2 🍯	2 🍯	

*Return to your regular dosing until the next Full Moon

Why is the Full Moon Relevant?

Have you ever noticed that you feel differently at different times? It's not just you. Everything in nature has cycles. The seasons are just one example. And within those cycles are more cycles, like days, weeks, and months. And of course, the cycle of the full moon.

These cycles play a huge role in our health because they influence our bodies' levels of neurotransmitters.

Melatonin is one. It plays an important role in the body, by fighting off critters so when your melatonin levels are down, critters take advantage.

Serotonin is another. It's a "feel good" neurotransmitter. But it works for critters, too. When you have less serotonin, critters are paralyzed.

You can see why the moon cycle is so important for your overall health and why it's the perfect time to evict those nasty critters from your body.



DRAINAGE PATHWAYS

Make sure all drainage pathways are moving well! Don't stop intestinal moving herbs or lymphatic drainage herbs. Since the parasites are moving more, this could block pathways. You may want to slightly increase these products if you tend to get "backed up" easily. You want to quickly move the critters out as they die or become more active!



DOSING GUIDELINES

Increase your usual dose of Para 1, Para 2, Para 3 and BioToxin Binder. For example, if you chose the 5-day Full Moon Challenge it would look like this:

- Current Dose:** 2 caps twice a day of Para 1 and Para 2, 1 cap three times a day of Biotoxin Binder, and 10 drops of Para 3
- Added Dose:** Two extra Para 1, Para 2, one extra BioToxin Binder, and 10 extra drops of Para 3 each time you take the products
- Challenge Dose:** 4 caps twice a day of Para 1 and Para 2, 2 caps three times a day of BioToxin Binder, 20 drops of Para 3 for 5 days

Return to your regular dosing until the next Full Moon or New Moon.



LISTEN TO YOUR BODY

These are guidelines. You may want to play around and test your limits with higher or lower doses.



NEW TO THE CHALLENGE

The 5-day and 7-day challenges aren't recommended for people who are brand new to parasite cleansing! Jumping into high doses may cause herx reactions. Your body may not be able to clear out the die-off from your drainage pathways quickly enough. This can lead to a back up of toxins which will increase your symptoms. Get a few months of parasite cleansing under your belt before engaging in the 5-day and 7-day challenges.

ADVANCED

	WAKE - UP	MORNING	NOON	EVENING	BEDTIME
Para 1	6 🍯				6 🍯
Para 2	6 🍯				6 🍯
Para 3		40 🍯	40 🍯	40 🍯	
BioToxin Binder		4 🍯	4 🍯	4 🍯	

*Return to your regular dosing until the next Full Moon